

17 July 2020

Dear Parents/Carer

As we move towards the summer break we wanted to take the opportunity to offer reminders to all in our community about **being safe on line**. The use of social media and technology has dramatically risen over recent months and it is so important that we are mindful of how we can all stay safe while maintaining our mental and physical wellbeing at this time. Here are some top tips regarding the use of social media and technology during lock down:

- Speak to your network provider regarding age restrictions and limits on data use if needed
- Be mindful that filters and parental controls differ from WIFI to WIFI as well as when using data
- Encourage physical activity and exercise breaks
- Talk openly to your child about who they speak to online and encourage them to block accounts and report any inappropriate messages they receive

You may also find useful information and guidance from the following websites:

- www.kidsmart.org.uk
- www.thinkuknow.co.uk
- www.getsafeonline.org.uk
- <https://www.anti-bullyingalliance.org.uk>

As a reminder, if there is ever a time when you don't feel safe or if you know someone else who is not safe then you need to know that you can contact people who can help.

It is important that you tell someone if this happens to you or a friend. Victims should talk to a friend or adult you can trust. You can speak to a social worker by calling the Barnsley Assessment Team on 01226 772423 (Mon-Fri 9.00am-5.00pm) or using the out of hours service on 01226 787789 outside of these hours. Further details can be found at the following link: <https://www.barnsley.gov.uk/services/children-families-and-education/safeguarding-families-in-barnsley/safeguarding-children-in-barnsley/>

If you have an immediate concern and feel that a child is at risk of significant harm or danger please contact the police on 999 or 0114 2202020.

We have also included with this letter our **Summer Safety** leaflet which offers a range of support and advice along with some links to a range of external support which may be of use to over the summer period.

Yours sincerely

A handwritten signature in black ink, appearing to be 'G Smith', written over a horizontal line.

Mr G Smith
Vice Principal